

VASCULAR SURGERY

REFERRAL PROTOCOLS : VASCULAR REFERRAL RECOMMENDATIONS		
Diagnosis	Referral Criteria	Urgency
A. ARTERIAL EXTRA CRANIAL <i>includes:</i> Carotid Disease Aortic Arch Disease Vertebro Basilar Disease	<ul style="list-style-type: none"> • Crescendo or multiple TIA/RIND/TMB • Isolated TIA/RIND/TMB • Critical (>90%) stenosis on imaging • Significant stenosis (70 – 90%) on imaging • Asymptomatic Carotid Bruit Carotid/Subclavian Aneurysm VASCULAR TUMOUR Comment: <ul style="list-style-type: none"> • Where facilities, timing and funding allow, the performance of a Carotid Duplex Scan before referral is appreciated • Crescendo/multiple TIA's/RIND refers to more than 2 events within 24hrs or 3 events within a week • TIA (Transient Ischaemic Attack) • RIND (Reversible Ischaemic Neurological Deficit) • TMB (Transient Monocular Blindness) 	Admit/Review same day Urgent Urgent/Semi urgent Routine Routine Semi urgent Semi urgent
THORACIC AORTIC ANEURYSM	<ul style="list-style-type: none"> • Localised Aneurysm of >5cm diameter • TAA involving the Ascending Aorta or Arch, referral to a Cardiothoracic Surgeon is appropriate. 	Semi-urgent
UPPER LIMB <i>includes:</i> Subclavian, Axillary, Brachial and Distal Atherothrombotic Disease Embolic Disease Vasospastic Disease	<ul style="list-style-type: none"> • Acute Digit/Limb Ischaemia • Digital Gangrene • Rest pain/Pre-gangrene/Ulcer/Trophic changes • Raynauds Syndrome/Vasospastic Disorder Comment: If associated with these symptoms/signs, there is a high probability of a recent embolic event (recent MI, uncontrolled AF, previous embolic episode) referral should be Urgent .	Admit/Review Same Day Admit/Review Same Day Semi urgent Routine
THORACIC OUTLET SYNDROME	<ul style="list-style-type: none"> • Axillary vein thrombosis/acutely swollen upper limb • Arterial compromise/Subclavian Aneurysm • Neurological symptoms/signs, including pain • Chronic upper limb swelling 	Admit/Review Same Day Semi urgent Routine Routine

DRAFT

ABDOMEN AORTIC/ILIAC ANEURYSMS	<ul style="list-style-type: none"> Palpable or image proven AAA or Iliac Aneurysm with increasing back or epigastric pain Palpable or image proven asymptomatic AAA or greater than 5cm diameter Palpable or image proven Iliac Aneurysm of greater than 3cm diameter Palpable or image proven asymptomatic AAA of – 5cm diameter <p>Comment:</p> <ul style="list-style-type: none"> Where time, priority and funding allow, or where diagnosis is uncertain, an Ultrasound Aortic Scan is the desirable Image Modality, but this should not delay referral. Where serial/follow-up surveillance U/S scans are performed, any increase of 1cm or more within a 12 month period is an indicator for early referral. 	<p>Admit/Review Same Day</p> <p>Semi urgent</p> <p>Semi urgent</p> <p>Routine</p>
VISCERAL/MESENTERIC ANEURYSMS	<ul style="list-style-type: none"> Usually detected incidentally on imaging for other indications 	Semi urgent
RENAL ARTERY DISEASE	<ul style="list-style-type: none"> Deteriorating renal function Suspicion renovascular or resistant hypertension Incidentally <p>Comment: Initial referral should usually be made to Renal Physician/Renal Medicine Service.</p>	<p>Semi urgent</p> <p>Semi urgent</p> <p>Routine</p>
MESENTERIC/VISCERAL ISCHAEMIA	<ul style="list-style-type: none"> Acute severe pain Chronic pain/weight loss/post prandial pain <p>Comment:</p> <ul style="list-style-type: none"> Both acute/chronic presentations usually present initially to either services (Gastroenterology, General Surgery) High index of suspicion where severe abdominal pain is associated with AF, recent MI, recent Aortic Catheter procedure 	Admit/Review Same Day (General Surgeons)
LOWER LIMB		
<i>Includes:</i> Aorto-iliac Occlusive Disease	<ul style="list-style-type: none"> Acute limb threatening ischaemia 	Admit/Review Same Day
Femoral/Popliteal/ Crual Artery	<ul style="list-style-type: none"> Gangrenous digits/pre-gangrene 	Admit/Semi urgent
Atherothrombosis	<ul style="list-style-type: none"> Rest pain/ulceration/trophic changes 	Semi urgent
Embolism	<ul style="list-style-type: none"> Incapacitating claudication 	Semi urgent
Vasospastic	<ul style="list-style-type: none"> Claudication 	Routine
Femoral/Popliteal Aneurysm	<ul style="list-style-type: none"> Symptomatic Asymptomatic <p>Comment:</p> <ul style="list-style-type: none"> If associated with these symptoms/signs, there is a high probability of a recent embolic event (recent MI, uncontrolled AF, previous embolic episode, referral should be urgent. Significant acute infection of an ulcer, fissure or ischaemic digit, should be an indication for Admission/Urgent review, especially in the Diabetic. Diabetic ulcer/Neuropathic ulcer – cross reference to Diabetic RG's. 	<p>Admit/Review Same Day</p> <p>Semi urgent</p>

B. VENOUS DEEP VEIN THROMBOSIS	<ul style="list-style-type: none"> • SVC/IVC Thrombosis • Acute ilio-fem-pop thrombosis • Acute calf DVT • Chronic Deep Venous Insufficiency/Post Phlebitic Limb with complications or ulcers. <p>Comment: Urgent referral will allow Thrombolysis/Thrombectomy to be considered, reducing long term complications.</p>	Admit/Review Same Day Admit/Review Same Day Review Same Day Routine
ASCENDING SUPERFICIAL THROMBOPHLEBITIS	<ul style="list-style-type: none"> • AST clinically involving veins in upper thigh • Extensive/painful clot • Minor AST <p>Comment:</p> <ul style="list-style-type: none"> • Extensive AST or AST involving thigh is associated with risk of clot propagation/co-existing DVT • Duplex venous scan is indicated where diagnosis is uncertain • Propagation clot approaching SF junction may be an indication for urgent venous summary. 	Admit/Review Same Day Urgent Routine
LOWER LIMB VENOUS INSUFFICIENCY (VARICOSE VEINS)	<ul style="list-style-type: none"> • Spontaneous major variceal bleeding • Ulcer with complicating infection/proximity to bone • Evidence of chronic venous insufficiency • AV malformations <p>Comment: Minor VV's without complications of CVI, spiders, telangiectasia and other cosmetic venous conditions should not be referred.</p>	Admit/Review Same Day Urgent/Semi Urgent Routine Routine
C. LYMPHATIC ACQUIRED LYMPHOEDEMA	<ul style="list-style-type: none"> • Severe swelling, recurrent infection/skin breakdown • Swelling <p>Comment:</p> <ul style="list-style-type: none"> • Exclude pelvic malignancy with imaging • Compression stockings 	Semi Urgent Routine Routine
D. MISCELLANEOUS		
AV Access (AV fistula, AV loop graft)	<ul style="list-style-type: none"> • Haemodialysis • Home TPN • Long term venous access 	Semi Urgent
Central Venous Access	<ul style="list-style-type: none"> • Hickman/Portacath/other device <p>Comment:</p> <ul style="list-style-type: none"> • Usually initiated with Intra-Hospital referral • Vascular Surgery is often not the lead service, and problems with the devices (infection, occlusion) should be referred back to initiating service (Dialysis Unit/Haematology/Oncology/Gastroenterology etc). 	Semi Urgent

DRAFT