

Guideline for Ultrasound as a Part of Routine Prenatal Care

Summary of the Alberta Clinical Practice Guideline, April 1998

2005 Update

Exclusions

- ◆ This guideline does not apply to the use of ultrasound for selective indications which may include:
 - assessment in the first trimester
 - assessment of fetal well being in the third trimester
 - assessment of fetal growth
 - investigating and monitoring of multiple gestations
 - investigation of suspected congenital anomalies beyond the second trimester
 - aid to invasive diagnostic or therapeutic procedures
 - investigation of size-dates discrepancies beyond the second trimester
 - assessment of post-term pregnancy
 - investigation of fetal status in pre-term labour rupture of membranes

Recommendations

- ◆ After appropriate discussion as to the potential benefits, limitation, and safety of the examination, women should be offered an ultrasound at 18 - 19 weeks gestation.
- ◆ If patient does not accept ultrasound, it should only then be offered for specific medical indications

Ultrasound Following Test Results at 18 - 19 Weeks Gestation

